

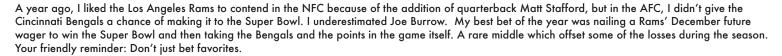
The Year of the Moving Van Quarterback

By Brent Musburger

Welcome to the year of the Moving Van Quarterback. Eleven NFL teams – more than a third of the league – will open with a new signal-caller. Denver (Russell Wilson), Indianapolis (Matt Ryan), Washington (Carson Wentz) and Carolina (expecting Baker Mayfield to beat out Sam Darnold) will be starting quarterbacks who opened on other teams a year ago. And I expect Jimmy Garoppolo to be starting somewhere before the season hits Thanksgiving, if not sooner.



The Moving Van Quarterback headlines handicapping 2022.



The Detroit Lions finished 3-11-1 but against the spread they cashed 11 times against six losses. Only the Dallas Cowboys (13-4) and the Green Bay Packers (12-5) were better ATS, and both made the playoffs. As the season progresses, keep an eye on undervalued teams like the Lions, remembering that 90% of losing teams will have a better ATS record than won-loss record. Make jokes about bad franchises – like Jacksonville – but don't automatically bet against dogs, as several howl every week.

Speaking of Burrow, remember that only one Super Bowl loser (Dallas) ever made it back to the big game the following year. The hangover is real and, unfortunately, Burrow already underwent surgery to remove his appendix. Last year, the Kansas City Chiefs started 2-3 after their Super Bowl loss to Tampa Bay. I'm looking beyond Cincinnati this season.

The Los Angeles Chargers are my pick to make a serious run in the AFC. Quarterback Justin Herbert is one of the best young guns in the NFL. In the 35-32 overtime loss to the Las Vegas Raiders – which ended Los Angeles' playoff hopes, Herbert was unbelievable down the stretch. After a field goal put the Raiders ahead, 29-14, with 8:29 remaining, Herbert converted six fourth downs, including fourth-and-21 for a touchdown. For the season, he threw for 5,014 yards and 38 touchdowns. Add Khalil Mack and J.C. Jackson to the defense and the Chargers can upset the Chiefs in the brutal AFC West.

In the NFC, I'm backing the Dallas Cowboys as a serious contender. The media obsesses about the failures of head coach Mike McCarthy but his staff includes Dan Quinn (DC), Kellen Moore (OC), Jerry Philbin (O-line), John Fassel (special teams) and Doug Nussmeier (QBs). The staff is simply one of the best in the league.

A year ago, the Cowboys went 6-0 against NFC East rivals. They outscored Philadelphia, Washington and the Giants by a combined score of 240-to-107. That's domination and I don't see a serious challenger in the division.

Dak Prescott came back strong from a compound fracture of his right ankle, throwing for 4,449 yards and 37 touchdowns. The Cowboys traded Amari Cooper and his \$20 million dollar salary, but owner Jerry Jones watched the success of the Rams, acquiring Odell Beckham and Von Miller during the season. Look for Jones to open Dallas' hefty wallet before the trade deadline.

Like you, I can't wait for Thursday, Sept 8 and Week 1. Cash some tickets because that's what it's all about!





VSIN Expert Predictions



	STEVE MAKINEN	MITCH MOSS	BRENT MUSBURGER	MIKE PRITCHARD	WES REYNOLDS	DAVE TULEY	JONATHAN Von Tobel	MATT YOUMANS
AFC EAST	Bills	Bills	Bills	Bills	Bills	Bills	Bills	Bills
AFC NORTH	Ravens	Ravens	Browns	Bengals	Ravens	Ravens	Bengals	Ravens
AFC SOUTH	Colts	Colts	Colts	Colts	Colts	Titans	Colts	Colts
AFC WEST	Chargers	Chiefs	Chargers	Chargers	Chargers	Chiefs	Raiders	Chargers
AFC WILD CARD	Broncos	Bengals	Chiefs	Ravens	Bengals	Raiders	Chiefs	Bengals
AFC WILD CARD	Bengals	Broncos	Bengals	Chiefs	Chiefs	Chargers	Chargers	Chiefs
AFC WILD CARD	Chiefs	Chargers	Broncos	Raiders	Dolphins	Bengals	Ravens	Raiders
NFC EAST	Cowboys	Eagles	Cowboys	Cowboys	Eagles	Cowboys	Eagles	Eagles
NFC NORTH	Packers	Packers	Packers	Packers	Vikings	Packers	Vikings	Packers
NFC SOUTH	Bucs	Saints	Bucs	Saints	Saints	Bucs	Saints	Saints
NFC WEST	49ers	49ers	Rams	49ers	49ers	Rams	Rams	49ers
NFC WILD CARD	Vikings	Vikings	49ers	Vikings	Packers	Vikings	Bucs	Bucs
NFC WILD CARD	Rams	Rams	Eagles	Eagles	Cowboys	Saints	Packers	Vikings
NFC WILD CARD	NY Giants	Panthers	Vikings	Rams	Rams	49ers	49ers	Rams
AFC CHAMPION	Chargers	Bills	Bills	Bills	Chargers	Titans	Colts	Colts
NFC CHAMPION	Packers	Packers	Rams	49ers	49ers	Rams	Vikings	Packers
SUPER BOWL CHAMPION	Packers	Bills	Bills	Bills	Chargers	Titans	Colts	Colts



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BALTIMORE

OVER 10.5

Adam Burke:

The Over 9.5 at -160 is an option, but the Ravens are the best team in the AFC North. They ranked 32nd in Adjusted Games Lost per Football Outsiders with 191.2. That was 33 more than any other team in the NFL. They lost running backs and defensive backs early and then lost Lamar Jackson later in the season. While Baltimore went from 8-3 to 8-9, a severely banged-up roster with a backup quarterback lost those six games by 1, 2, 1, 20, 1 and 3 points, with four of those losses against playoff teams, including the two Super Bowl participants.

The Browns clearly have their issues with Deshaun Watson's suspension. Many project the Bengals to fall back a bit. The Steelers may be in line for their first losing season under Mike Tomlin. It isn't out of the realm of possibility that Baltimore goes 5-1 or 4-2 in the division. The AFC East and NFC South are the divisions the Ravens drew on the schedule, but they also added Jacksonville and the Giants on the road along with Denver at home with their last-place schedule. While all three are improved, so, too, are the Ravens.

This team should be the AFC North champion and 11 or 12 wins should accomplish that feat, along with going Over this alternate win total.



Paul Howard:

The Colts should have made the playoffs last year and many think they upgraded big time with Matt Ryan replacing Carson Wentz. A great running game and offensive line will help Ryan, along with an underrated defense. It feels like 4-0 or 3-1 against Jacksonville and Houston, but the big move that will also help is Tennessee taking a huge step back. Ryan Tannehill was so bad in the playoff loss last year that he sought out therapy. A.J. Brown and Julio Jones are gone at wideout and their replacements are Robert Woods (coming off an injury) and Treylon Burks (rookie). If this team gets off to a slow start, Malik Willis could also take over at QB.



Steve Makinen:

I have to admit, I was stunned watching Kansas City's second-half implosion in the AFC title game, and to this day, I don't feel QB Patrick Mahomes is taking enough criticism for the role he played in it. Toward the end of the game, he looked legitimately shook. Now, heading into the 2022 season, he has been stripped of perhaps the team's biggest difference-maker over the last six years in WR Tyreek Hill. He was the kind of player opposing defensive coordinators had to scheme for every play of the game. His loss, and it's importance on what this offense has been able to do, is being undersold if you ask me. He made Mahomes look better by opening the field. I think every other K.C. offensive option is going to suffer somewhat in his absence. Let's not forget the Chiefs also lost defensive playmaker Tyrann Mathieu. Andy Reid's team will face a major challenge from a division that is arguably the best in football. The Chargers' and Broncos' gains will be the Chiefs' loss in my opinion. Plus, the schedule to open the season is one of the most difficult eight-game starts I have ever seen, at least on paper.



Steve Makinen:

I have come to rely on one of my transitional systems more than others, and it revolves around prolific offensive teams not making the playoffs. There have been 12 teams that have scored 27+ PPG in the last 21 seasons and did not make the playoffs. The combined record of those teams in the follow-up season was 119-74, good for 61.7% and an average of 9.9 wins per season. Only three of those teams did not make the playoffs, and two others, the 2009 Saints and 2020 Buccaneers, went on to win the Super Bowl. The Chargers qualify for this system as well as another one that involves outscoring opponents while having a negative turnover differential. In 2021, the Chargers suffered from bad luck, rookie coaching decisions and injury woes. In my estimation, all three of those factors have a chance of completely turning around this season. Justin Herbert has developed into one of the NFL's top quarterbacks, a dynamic playmaker who led the Chargers on a six-game run at the end of the season in which they topped the 28-point mark in every game, averaging 33.5 PPG! This team also boasts a nice defensive front and some playmakers on the back end. In my opinion, the Chargers and Broncos take over the tough AFC West this season.

What Quality of Wins/ Losses in 2021 May Mean in '22

By Steve Makinen

Changeover Systems, which are the previous season's records and/or statistics that provide insight into the upcoming season, are often extremely predictive. Two years ago, many of the most optimistic systems pointed to the Buccaneers enjoying a breakout season in 2020. All the Bucs did was go on to win their first Super Bowl title. Last year, the systems weren't quite as definitive, but several angles signaled declines for teams such as the Seahawks and Ravens and improvements for the Raiders and 49ers. The Seahawks and Ravens dropped by five and three wins. The Raiders, despite an in-season coaching change, jumped by two wins and reached the postseason for the first time in five years, while the 49ers improved by four wins and reached the NFC title game.

This exercise is a rite of spring for me. Each year, I go through the list of won-lost records and statistical traits I feel are most important for projecting the next season. In Part 1, I'll analyze the quality and quantity of each team's won-lost records. Next week, in Part 2, I'll dig into a number of key statistical angles that typically lead to significant improvement or decline.

The NFL is unlike any other league in how quickly teams can rise and fall from year to year. First-to-worst and worst-to-first moves are not unusual, so it benefits bettors to know the traits that lead to teams improving or declining so quickly. What is the typical resume of a team that improves greatly from one season to the next? Those who can find the answer can take advantage of not only futures wagers and season win totals but also point spreads in the early weeks of the season.

Read through my findings over the next couple of weeks and make your own assessments. Then factor in free-agent moves and other personnel changes and head to the betting window. I will share my own conclusions, along with my updated 2022 NFL Power Ratings, sometime in the next few weeks.

Systems for teams that had an unusually high or low total of close wins the prior season:

In 2019, the Seahawks' 10 "close wins" (eight points or less) were the most by any team over the last 30 seasons. In that span, the 33 teams that managed 8+ close wins had an average decline of 3.0 wins the following season.

Team affected in 2022: Pittsburgh.

From 2017-20, 41 teams won 6+ games by eight points or less. Only six improved the next season, with an average decline of 2.3 wins.

Teams affected in 2022: Atlanta, Baltimore, Green Bay, Las Vegas, Minnesota, Pittsburgh, Tampa Bay, Tennessee.

Systems for teams that had an unusually high or low total of close losses:

From 1997-2020, 33 teams lost 8+ games by eight points or less. This group's average improvement the next season was 3.52 wins, with 29 of those teams improving.

Team affected in 2022: Minnesota.

From 2007-20, 67 teams lost 6+ games by eight points or less. Of those 67 teams, 53 of them improved their won-lost record the next season, including 27 by 4+ wins. The average improvement of the 67 teams was 2.81 wins. Of the six teams that qualified in 2021, four improved while the other two equaled their 2020 win total.

Teams affected in 2022: Baltimore, Carolina, Cleveland, Detroit, Minnesota.

Systems for teams that had an unusually high or low total of blowout wins:

The last team to record at least nine double-digit wins and improve its won-lost record the next season was the Broncos in 1997-98. Since then, the average decline of the 30 teams that did it was 3.97 wins.

Team affected in 2022: Buffalo.

None of the last 15 teams that recorded at least six "blowout wins" (20+ points) improved its record the next year. The average decline of those 15 teams was 3.3 wins.

Team affected in 2022: Tampa Bay.

From 1994-2020, eight teams won 6+ games without winning a single game by double digits. Although the 2020 Raiders became the first of that group to improve the next year, those eight teams had an average decline of 2.25 wins.

Teams affected in 2022: Atlanta.

Interestingly, teams that won five games or less but none by double-digit margins have shown significant improvement the following year. In fact, since 2006, 24 of the 26 teams in this group improved the next season, with an average improvement of 3.81 wins. All three teams from this group in 2020 improved by two wins in 2021.

Teams affected in 2022: NY Jets.

Systems for teams that had an unusually high or low total of blowout losses:

From 2000-20, 21 teams went 7-9 or worse and had zero "blowout losses" (20 points or more). These teams are natural candidates for improvement, and 19 of the 21 teams did just that, with an average jump of 3.05 wins.

Teams affected in 2022: Seattle.

Another sign of how quickly fortunes can change in the NFL: From 1999-2020, 35 teams lost at least nine games by double-digit margins. Of those, 30 improved the next season — by an average of 3.93 wins — including the Jaguars and Jets last year.

Teams affected in 2022: Houston, Jacksonville, N.Y. Giants.

From 1999-2020, 20 teams won at least 10 games and had 4+ losses by double-digit margins. Half of those teams declined by at least three wins (with an average decline of 4.9 wins).

Teams affected in 2022: Las Vegas.

Systems based on playoff results:

Only two of the last 28 teams to lose in the Super Bowl improved their won-lost record the following season, with an average decline of 3.36 wins.

Team affected in 2022: Cincinnati.

Alternatively, the last 29 Super Bowl winners have an average decline of only 1.1 wins, boasting an average won-lost record of about 11-5. Only two of those 29 teams finished below .500 the following season.

Team affected in 2022: LA Rams.

From 1991-2020, 34 teams won 13+ games and didn't make the Super Bowl. None of those 34 improved their won-lost record the following season and only four equaled their previous win total. The average decline among this group was 3.71 wins.

Teams affected in 2021: Green Bay, Tampa Bay.

Systems for teams whose won-lost records are trending:

From 2001-20, 14 teams improved their record for a third consecutive season (or more). Of those 14, only one team improved the following season. The average decline for this group was 4.3 wins, with an average win total of 6.5.

Team affected in 2022: Arizona, Las Vegas, Tampa Bay.

From 2005-20, 30 teams won at least six more games than the previous season. Of those 30, only one improved in the following season, with an average decline of 3.37 wins.

Teams affected in 2022: Cincinnati, Dallas.



NEW ENGLAND PATRIOTS

HEAD COACH: BILL BELICHICK (22ND)

OFFENSIVE COORDINATOR: VACANT DEFENSIVE COORDINATOR: BILL BELICHICK

23

STEVE MAKINEN'S POWER RATING

(#20 OF 32)

The Mac Jones era got off to a fantastic start last season as the rookie quarterback played an integral role in leading New England to 10 wins and a playoff berth. However, losses on the roster and coaching staff have the Patriots on tenuous ground.

OFFENSE

It seems as if New England has its quarterback of the future. Jones was the 11th-best passer by PFF grading in 2021 and threw for 3,801 yards while posting a minimal 2.5% turnover-worthy play rate. The only area in which Jones truly struggled is when he was pressured. In those situations he averaged just 5.9 yards per pass attempt and committed six turnover-worthy plays on 156 dropbacks. Given his strengths, Jones projects to improve this season, but only if the system around him accelerates that growth.

From a skill-position standpoint, there is not much explosiveness on this roster. The wide receiving corps is solid, but both Kendrick Bourne and Jakobi Meyers catch a majority of their pass attempts no more than nine yards downfield. Meyers' longest play was just 39 yards. Tyquan Thornton might be turning heads in training camp, but the rookie out of Baylor is still unproven. The tight end position is a potential weakness as well with Jonnu Smith coming off his least productive season (one touchdown). There is also the matter of who is running the offense. Both Joe Judge and Matt Patricia are seemingly trying out for the job of offensive coordinator and neither are Josh McDaniels, who had this unit ranked ninth in offensive DVOA last season. All in all, this unit is a candidate for regression.

DEFENSE

One of the driving forces behind the Patriots' successful season was a defense which was among the most productive in the league. New England forced 30 turnovers in 2021 while ranking fourth in defensive DVOA (-12.8%) and fifth in defensive EPA per play (-0.09). Unfortunately, this unit is a candidate for some real regression when you dive into its personnel.

The cornerback position could be a very large problem for Bill Belichick this season. J.C. Jackson, the Patriots' best cover corner last season, departed in free agency. The best cover corner left by PFF standards is Jalen Mills, who posted a 63.4 cover grade and allowed 35 catches on 60 targets and a team-worst six touchdowns. The team coaxed Malcolm Butler out of retirement, but he was recently placed on injured reserve and will not play this season. Safety is in much better shape with Adrian Phillips and Devin McCourty, but there is no doubt this secondary could be a problem this season.

There is also a chance New England struggles to rush the passer this season. Matthew Judon and Christian Barmore were the two leaders in pressures for the Patriots last season with 63 and 48, but where the other consistent pass rush comes from is a question. Kyle Van Noy is gone and Dont'a Hightower and Josh Uche totaled fewer than 20 pressures. This might be a front with some effective run defenders, but with a lackluster pass rush and poor corner group this defense will likely take a massive step back.

OUTLOOK

New England received no favors as they have the eighth-hardest schedule in the league when using projected win totals. Outside of divisional games against Buffalo and an improved Miami squad, the Patriots will also face the Ravens, Packers, Browns, Colts, Vikings, Bengals and Raiders, with four of those games on the road. Jones does seem to be a legitimate quarterback, and the future is bright for New England, but there are just too many flaws to overlook this season. – Jonathan Von Tobel

SEASON WIN TOTAL PLAY

JNDER 8.5

odds to win

AFC CONFERENCE ODDS TO WIN

55-1

SUPER BOWL ODDS TO WIN

50-1

SEASON	NEW HC?	SM PR	EFF STRG	EYPP+/-	SM BR	OFFRS-NEW	EOPPG	EOYPP	EOYPPT	DEFRS-NEW	EDPPG	EDFYPP	EDYPPT
2021		28	7.9	0.43	-6.3		26.6	5.78	13.1	Yes	18.7	5.35	16.9
2020		21.5	-0.9	-0.26	1.6		21	5.6	15.74		21.9	5.86	16
2019		28.5	8.9	0.17	-6.2		25	5.18	13.74	Yes	16.1	5.01	17.53
2018		30.5	5.4	-0.15	-7.5		27.2	5.88	14.19	Yes	21.8	6.02	16.76

SCHEDULE STRENGTH **23.65** (#14 of 32)

FIELD
RATINGS
2.2 / -0.1
(HOME/ROAD)

2022 SCHEDULE

DATE	OPPONENT	Est. Line	SERIES TRENDS
9/11	at Miami	+2.1	MIAMI is on 7-2-1 ATS run hosting New England
9/18	at Pittsburgh	-0.3	FAVORITES are on 5-1-1 ATS run in NE-PIT rivalry
9/25	BALTIMORE	-0.8	UNDERDOGS are 7-2-1 ATS in L10 of BAL-NE h2h series
10/2	at Green Bay	+9.1	UNDER the total is 5-1 in L6 of NE-GB h2h series
10/9	DETROIT	-7.3	NEW ENGLAND is 5-3 ATS in L8 vs. Detroit
10/16	at Cleveland	+1.5	NEW ENGLAND is 7-2 ATS in its L9 vs. Cleveland
10/24	CHICAGO	-9.1	FAVORITES are 7-1 ATS in L8 of CHI-NE h2h series
10/30	at NY Jets	-4	NEW ENGLAND is on 7-2 ATS run vs. NY Jets
11/6	INDIANAPOLIS	-0.5	HOME TEAMS are 6-1 ATS in L7 of IND-NE h2h series
11/20	NY JETS	-7.4	NEW ENGLAND is 7-0 SU & 5-1-1 ATS in L7 hosting NY Jets
11/24	at Minnesota	+4.8	NEW ENGLAND has won L4 SU & ATS vs. Minnesota
12/1	BUFFALO	+6.5	BUFFALO is on 6-2 ATS run vs. New England
12/12	at Arizona	+4.1	NEW ENGLAND is on 7-1 ATS surge vs. Arizona
12/18	at Las Vegas	+4	FAVORITES are on 6-1 ATS run in Patriots-Raiders h2h series
12/24	CINCINNATI	-0.3	NEW ENGLAND is 6-1 SU & ATS in L7 vs. Cincinnati
1/1	MIAMI	4.1	NEW ENGLAND is 8-2 ATS in L10 hosting Miami
1/8	at Buffalo	+9.8	NEW ENGLAND is 15-4 ATS at Buffalo since 2004

TEAM TRENDS

- NEW ENGLAND IS 12-2-1 ATS (L15G) AT HOME IN NOVEMBER
- NEW ENGLAND IS 2-8 ATS (L10G) 1,000 OR MORE TRAVEL MILES
- NEW ENGLAND
 IS 12-3 UNDER
 (L15G) NON CONFERENCE
 GAMES

2021 RESULTS

10-8 SU & ATS

DATE	OPPONENT	SCORE	SU	FL	ATS	TOTAL	
9/12	MIAMI	16-17	1	-3.5	1	43 U	
9/19	at NY Jets	25-6	W	-5.5	W	43 U	
9/26	NEW ORLEANS	13-28	1	-3	1	43.5 U	
10/3	TAMPA BAY	17-19	L	6.5	W	49.5 U	
10/10	at Houston	25-22	W	-8	1	39 0	
10/17	DALLAS	29-35	L	3.5	L	50.5 0	
10/24	NY JETS	54-13	W	-7	W	42.5 0	
10/31	at LA Chargers	27-24	W	4	W	50.5 0	
11/7	at Carolina	24-6	W	-3.5	W	42 U	
11/14	CLEVELAND	45-7	W	-2.5	W	44.5 0	
11/18	at Atlanta	25-0	W	-7	W	47.5 U	
11/28	TENNESSEE	36-13	W	-7	W	43 0	
12/6	at Buffalo	14-10	W	3	SW.	39.5 U	
12/18	at Indianapolis	17-27	L	1.5	L	46.5 U	
12/26	BUFFALO	21-33	1	1		43.5 0	
1/2	JACKSONVILLE	50-10	W	-17	W	41.5 0	
1/9	at Miami	24-33	L	-6	1	41.0	
1/15	at Buffalo	17-47	L	4	L	43.5 0	

	OFF STAT	ENSE RANK	DEF STAT	ENSE RANK
Points Per Game	27.2	6	17.8	2
Yards Per Point	13	1	17.4	2
Plays Per Game	61.9	21		
Time of Possession	30:31	14		
3rd Down Conv. %	43.5%	10	36.5%	5
Total Yards Per Game	353.4	15	310.8	4
Yards Per Play	5.7	11	5.1	5
Rush Attempts Per Game	28.8	8		
Rush Yards Per Game	126.5	8	123.7	22
Yards Per Rush Attempt	4.4	12	4.5	25
Pass Attempts Per Game	31.5	25		
Completion %	68.0%	5	59.3%	2
Passing Yards Per Game	226.9	14	187.1	2
Yards Per Pass Attempt	7.7	7	5.9	2
Turnovers	1.4	17	1.8	3



NEW YORK JETS

HEAD COACH: ROBERT SALEH (2ND)
OFFENSIVE COORDINATOR: MIKE LAFLEUR
DEFENSIVE COORDINATOR: JEFF ULBRICH

STEVE MAKINEN'S POWER RATING
(#29 OF 32)

The Jets did a great job revamping its roster in a short time frame, but they enter 2022 with their biggest questions coming at the most important position. Quarterback Zach Wilson will start the season on the shelf, but when he returns it will be for a team that is set up for him to succeed.

OFFENSE

The intriguing aspect of New York's roster is the amount of talent it has, specifically on the offensive side. In a short amount of time, Joe Douglas has amassed prospects at every position and made the offense one that is seemingly waiting for a signal caller to make it work. The offensive line — even with the loss of Mekhi Becton to injury — is very solid. At wide receiver, the Jets have some good young talent in Braxton Berrios, Elijah Moore and Corey Davis, and they are joined by rookie Garrett Wilson. New York even has a quality group of running backs with Michael Carter and rookie Breece Hall at the top of the rotation. The front office has done everything it can, but now it's on Wilson to show he can be a starting quarterback.

Wilson did not show many positive traits in his rookie season. In his 13 games he committed a turnover-worthy play on 3.8% of his pass attempts, and he invited pressure by holding on to the ball too long. In fact, PFF numbers assigned him blame on 19.7% of pressures, the sixth-highest rate in the league last season. His biggest strength was on short throws no further than nine yards downfield, an area of the field in which he completed 65.9% of his passes and did not commit a single turnover-worthy play. Wilson will get plenty of opportunity to show his stuff this season, and if he actually improves then this offense has an oddly high ceiling.

DEFENSE

Robert Saleh had an empty cupboard to work with on defense last season, specifically in the secondary where he was starting fifth- and sixth-round rookies regularly. Cornerback gets much stronger this season with the addition of rookie Ahmad Gardner, who can play alongside newcomer D.J. Reed. New York goes from a secondary with late-round rookies to having two solid cornerbacks on top of the depth chart. The Jets ranked 31st in defensive EPA per pass play in 2021 (+0.22), and with the additions of Gardner and Reed alongside a safety pairing of Jordan Whitehead and Ashtyn Davis, this secondary should be greatly improved.

The front seven is a work in progress, but the Jets do have a cornerstone piece in edge John Franklin-Myers, who led the team in pressures (53) and sacks (6) last season. Their second-leading pass rushers in terms of pressures were Shaq Lawson and Bryce Huff, who posted only 17 pressures each. New York is dying for another pass rusher to pair with Franklin-Meyers, and there might not be one on this roster right now. The run defense is likely going to be a weakness as well. The Jets ranked 21st in adjusted line yards per carry allowed (4.43) and 24th in both second-level yards per carry (1.28) and open-field yards per carry (0.8), and they did not add much in the way of a run-stopping defender in the offseason. New York ended up with the second-worst point differential in part because of their porous defense, but the secondary should be much better which should improve the pass rush.

OUTLOOK

The Jets' fate is tied to Wilson, who has been given the weapons and an offensive line to succeed. Should Wilson start to show signs of growth, this team could surprise given the upgrade of talent at multiple positions. However, if Wilson looks like the same quarterback as last season, the Jets could once again be picking near the top of the draft. There was nothing last season that showed his potential and now he must deal with the sixth-hardest schedule in the league. Hard to see where six wins come from for this group. – Jonathan Von Tobel

SEASON WIN TOTAL PLAY

5.5

odds to win

ODDS TO WIN

75-1

SUPER BOWL ODDS TO WIN

SEASON	NEW HC?	SM PR	EFF STRG	EYPP+/-	SM BR	OFFRS-NEW	EOPPG	EOYPP	EOYPPT	DEFRS-NEW	EDPPG	EDFYPP	EDYPPT
2021	Yes	15.5	-10.7	-0.68	7.9	Yes	19.3	5.35	16.02	Yes	30	6.02	13.12
2020		16	-11.3	-0.73	9.3		16.5	5.05	17.31		27.9	5.79	13.6
2019	Yes	20	-4.8	-0.38	3.5	Yes	17.8	4.81	15.26	Yes	23.4	5.18	13.85
2018		18	-7.3	-0.9	6.3	Yes	21.9	5.09	13.55		29.2	5.99	13.09

SCHEDULE STRENGTH **24.29** (#7 of 32)

FIELD RATINGS

1.3 / -0.6 (HOME/ROAD)

2022 SCHEDULE

DATE	OPPONENT	Est. Line	SERIES TRENDS
9/11	BALTIMORE	+5.1	HOME TEAMS have won L4 ATS in BAL-NYJ series
9/18	at Cleveland	+7	FAVORITES are 10-1 ATS in L11 of NYJ-CLE series but lost LT
9/25	CINCINNATI	+5.6	HOME TEAMS are on 8-1-1 ATS run in L10 of CIN-NYJ series
10/2	at Pittsburgh	+5.2	The L5 games of NYJ-PIT h2h series went UNDER the total
10/9	MIAMI	+4.8	MIAMI has won L4 ATS at NY Jets
10/16	at Green Bay	+14.6	ROAD TEAMS are 3-0-1 ATS in L4 of NYJ-GB h2h series
10/23	at Denver	+10.3	DENVER is on 12-4-1 ATS surge vs. NY Jets
10/30	NEW ENGLAND	+4	NEW ENGLAND is on 7-2 ATS run vs. NY Jets
11/6	BUFFALO	+12.4	UNDERDOGS are 7-1 ATS in L8 of BUF-NYJ series at New York
11/20	at New England	+7.4	NEW ENGLAND is 7-0 SU & 5-1-1 ATS in L7 hosting NY Jets
11/27	CHICAGO	-3.2	CHICAGO has won L5 SU & ATS vs. NY Jets
12/4	at Minnesota	+10.3	FAVORITES have won L3 ATS in NYJ-MIN h2h series
12/11	at Buffalo	+15.3	BUFFALO is 6-3 ATS in L9 hosting NY Jets
12/18	DETROIT	-1.4	UNDERDOGS have won L3 ATS in DET-NYJ h2h series
12/22	JACKSONVILLE	-1.7	The L5 games of JAC-NYJ h2h series went OVER the total
1/1	at Seattle	+3.7	SEATTLE is on 4-0 SU & ATS streak vs. Jets, allowing 7.5 PPG
1/8	at Miami	+7.6	NY JETS are 10-4-4 ATS at Miami since '03

TEAM TRENDS

- NY JETS ARE 14-6-1 ATS (L21G) AT HOME VS AFC SOUTH
- NY JETS ARE 1-9 ATS (L10G) IN SEPTEMBER
- NY JETS ARE 12-3 OVER (L15G) VS AFC SOUTH

2021 RESULTS

4-13 SU & 6-11 ATS

DATE	OPPONENT	SCORE	SU	FL	ATS	TOTAL
9/12	at Carolina	14-19	1	3.5	1	44.5 U
9/19	NEW ENGLAND	6-25	L	5.5	L	43 U
9/26	at Denver	0-26	1	10	1	42 U
10/3	TENNESSEE	27-24	W	5.5	W	44 0
10/10	vs. Atlanta	20-27		3.5	d	46 0
10/24	at New England	13-54	L	7	L	42.5 0
10/31	CINCINNATI	34-31	W	11.5	W	43 0
11/4	at Indianapolis	30-45	L	10	L	45 0
11/14	BUFFALO	17-45	K	13.5		48.5 0
11/21	MIAMI	17-24	L	3.5	L	45.5 U
11/28	at Houston	21-14	W	2.5	W	45 U
12/5	PHILADELPHIA	18-33	L	4.5	L	44 0
12/12	NEW ORLEANS	9-30	L	4	3	42 U
12/19	at Miami	24-31	L	10	W	42 0
12/26	JACKSONVILLE	26-21	W	-2	W	43 0
1/2	TAMPA BAY	24-28	L	14.5	W	47 0
1/9	at Buffalo	10-27	L	16	1	43 U

	OFF STAT	ENSE RANK	DEF	ENSE RANK
Points Per Game	18.2	28	29.6	32
Yards Per Point	16.8	27	13.4	27
Plays Per Game	60.9	27		
Time of Possession	27:31	30		
3rd Down Conv. %	36.3%	27	44.4%	27
Total Yards Per Game	306.4	26	397.6	32
Yards Per Play	5	25	5.9	28
Rush Attempts Per Game	22.4	32		
Rush Yards Per Game	98.1	27	138.3	29
Yards Per Rush Attempt	4.4	13	4.5	24
Pass Attempts Per Game	35.5	13		
Completion %	59.2%	29	68.3%	30
Passing Yards Per Game	208.3	20	259.4	30
Yards Per Pass Attempt	6.6	26	7.5	29
Turnovers	1.6	28	0.8	31



MIAMI DOLPHINS

HEAD COACH: MIKE MCDANIEL (1ST)

OFFENSIVE COORDINATOR: FRANK SMITH DEFENSIVE COORDINATOR: JOSH BOYER

24

STEVE MAKINEN'S POWER RATING

(#17 OF 32)

One could argue that the Dolphins have the best roster in the AFC East. Miami boasts plenty of speed, specifically at wide receiver, new head coach Mike McDaniel is a progressive-thinking offensive mind who will look to maximize that talent. However, none of that talent matters if Tua Tagovailoa is not ready to take a step forward in his development.

OFFENSE

What can Tagovailoa do with McDaniel calling plays and Tyreek Hill playing alongside Jaylen Waddle? Tagovailoa might be one of the most accurate quarterbacks in the NFL, but his lack of desire to push the ball downfield has held him back. Last season he ranked 25th among qualified quarterbacks in yards per attempt (6.8), 36th in average depth of target (7.4) and his 29 attempts of 20 or more yards were third fewest among quarterbacks who started 10 or more games. It's not that Tagovailoa needs to lead the league in deep passes, but his tendency to throw in front of the sticks makes it easier for teams to defend. Hill and Waddle have enough speed to take short passes and turn them into more, but Tagovailoa will need to add another dimension to his game if this team is going to evolve.

The offensive line also needs to be better, as Tagovailoa was under duress on 32.5% of his attempts, which was the 16th-highest rate in the NFL. That might not seem terrible, but given the fact that Tagovailoa posted one of the shortest times to throw among quarterbacks (2.18), it's amazing he was pressured as often as he was. Terron Armstead was signed in the offseason to address some of the concerns at offensive line, but it's not a perfect unit. Tagovailoa was also abysmal under pressure last season, throwing three touchdowns to seven interceptions while committing 15 turnover-worthy plays. If the line allows frequent pressure again, Miam's offense is due for another subpar season.

DEFENSE

The most underrated aspect of this team is its defensive line. Zach Sieler graded out as the third-best interior defender in the league last season and Christian Wilkins was sixth. Both players are balanced in their ability to rush the passer and defend the run, and both Emmanuel Ogbah and Andrew Van Ginkel are quality edge rushers. Miami also signed Melvin Ingram to give this unit depth along the edge. Where this team is weakest is linebacker, as none of the players graded better than a 662.0 by PFF standards against the run last season. The Dolphins finished 17th in rush defense DVOA and ranked 30th in defending power situations and open-field yards per carry (0.96). Linebacker will seemingly be a weakness again, but the back end of the defense more than makes up for it.

Miami's secondary is strong with Jevon Holland, Xavien Howard and Eric Rowe protecting the back end. All three posted a 70.7 PFF coverage grade or better, and the team has quality depth in guys such as Nick Needham and Byron Jones. The Dolphins ranked third in defensive pressure rate last season, and with a vast majority of that group back, along with additions such as Ingram and a secondary with depth, bettors should expect this group to jump into the top half of the league in defensive efficiency.

OUTLOOK

So much of the outlook relies on Tagovailoa. Two seasons and 754 dropbacks is hardly enough to draw a solid conclusion about who he is, but he has yet to show real dynamism. Miami owns the 19th-easiest schedule in the league, so this could be a daunting year, but with the Patriots potentially getting worse and the Jets relying on Zach Wilson, there is an opportunity to push for a playoff spot and surpass its win total. However, to lay a price of -120 on 9 wins is too much with questions at quarterback. – Jonathan Von Tobel

SEASON WIN

UNDER

odds to win

ODDS TO WIN

50-1

SUPER BOWL ODDS TO WIN

40-1

SEASON	NEW HC?	SM PR	EFF STRG	EYPP+/-	SM BR	OFFRS-NEW	EOPPG	EOYPP	EOYPPT	DEFRS-NEW	EDPPG	EDFYPP	EDYPPT	
2021		23	-3	-0.75	-0.9	Yes	19.8	4.87	15.27		22.9	5.62	14.94	
2020		24.5	2.7	-0.8	0.1	Yes	25.3	5.43	13.24	Yes	22.4	6.23	16.66	
2019	Yes	16.5	-12	-1.08	8.6	Yes	20.7	5.12	14.91	Yes	32.7	6.21	12.22	
2018		18.5	-7.2	-0.71	4.7	Yes	20.8	5.6	13.93		27.9	6.32	14.03	

SCHEDULE STRENGTH **23.5** (#17 of 32)

FIELD RATINGS

1.4 / -0.3 (HOME/ROAD)

2022 SCHEDULE

DATE	OPPONENT	Est. Line	SERIES TRENDS
9/11	NEW ENGLAND	-2.1	MIAMI is on 7-2-1 ATS run hosting New England
9/18	at Baltimore	+3.6	BALTIMORE is 9-1 ATS in L10 vs. Miami but lost LT
9/25	BUFFALO	+6.3	BUFFALO is on 7-3 ATS surge vs. Miami
9/29	at Cincinnati	+3.5	HOME TEAMS have won L4 ATS in MIA-CIN h2h series
10/9	at NY Jets	-4.8	MIAMI has won L4 ATS at NY Jets
10/16	MINNESOTA	-0.2	MINNESOTA is 4-2 ATS in L6 vs. Miami
10/23	PITTSBURGH	-6	The L3 games of PIT-MIA h2h series went UNDER the total
10/30	at Detroit	4	DETROIT has won L3 ATS vs. Miami
11/6	at Chicago	-5.2	UNDERDOGS are 6-1 ATS in L7 of MIA-CHI h2h series
11/13	CLEVELAND	-3.6	CLEVELAND is on a 7-1 ATS run vs. Miami
11/27	HOUSTON	-10.2	FAVORITES have won L5 ATS in HOU-MIA h2h series
12/4	at San Francisco	+2.5	The L3 games of MIA-SF h2h series went OVER the total
12/11	at LA Chargers	+5.8	UNDER the total is 8-1 in L9 of MIA-LAC series at Chargers
12/18	at Buffalo	+9	BUFFALO is 8-2 ATS in L10 hosting Miami
12/25	GREEN BAY	+3.6	GREEN BAY is on 4-1 SU & ATS surge vs. Miami
1/1	at New England	+1.1	NEW ENGLAND is 8-2 ATS in L10 hosting Miami
1/8	NY JETS	-7.6	NY JETS are 10-4-4 ATS at Miami since '03

TEAM TRENDS

- MIAMI IS 32-14-1 ATS (S2000) VS AFC WEST
- MIAMI IS 1-9 ATS (L10G) VS BALTIMORE
- MIAMI IS 12-2 UNDER (L14G) VS LA CHARGERS

2021 RESULTS

9-8 SU & ATS

DATE	OPPONENT	SCORE	SU	FL	ATS	TOTAL
9/12	at New England	17-16	W	3.5	W	43 U
9/19	BUFFALO	0-35	L	3.5	L	47.5 U
9/26	at Las Vegas	28-31	1	3.5	W	45.5 0
10/3	INDIANAPOLIS	17-27	L	-2.5	L	42 0
10/10	at Tampa Bay	17-45		11	1	48 0
10/17	vs. Jacksonville	20-23	L	-1.5	L	47 U
10/24	ATLANTA	28-30		1.5		48 0
10/31	at Buffalo	11-26	L	14.5	L	48.5 U
11/7	HOUSTON	17-9	W	-4	W	45 U
11/11	BALTIMORE	22-10	W	8.5	W	46 U
11/21	at NY Jets	24-17	W	-3.5	W	45.5 U
11/28	CAROLINA	33-10	W	1.5	W	40.5 0
12/5	NY GIANTS	20-9	W	-6.5	SW	40.5 U
12/19	NY JETS	31-24	W	-10	L	42 0
12/27	at New Orleans	20-3	W	-3.5	W	37.5 U
1/2	at Tennessee	3-34	L	3	L	41 U
1/9	NEW ENGLAND	33-24	W	6	W	41.0

	OFF STAT	ENSE RANK	DEF	ENSE RANK
Points Per Game	20.1	22	21.9	16
Yards Per Point	15.3	18	15.4	15
Plays Per Game	64.5	11		
Time of Possession	30:18	18		
3rd Down Conv. %	40.8%	13	41.1%	20
Total Yards Per Game	307	25	337.5	15
Yards Per Play	4.8	29	5.3	12
Rush Attempts Per Game	26	18		
Rush Yards Per Game	92.2	30	109.8	14
Yards Per Rush Attempt	3.5	31	4.4	18
Pass Attempts Per Game	36.2	8		
Completion %	65.7%	16	61.4%	5
Passing Yards Per Game	214.8	17	227.7	16
Yards Per Pass Attempt	6.4	28	6.4	9
Turnovers	1.5	25	1.5	8



BUFFALO BILLS

HEAD COACH: SEAN MCDERMOTT (6TH)

OFFENSIVE COORDINATOR: KEN DORSEY DEFENSIVE COORDINATOR: LESLIE FRAZIER

STEVE M. (#1 OF 32)

STEVE MAKINEN'S POWER RATING

Buffalo has won 24 regular-season games over the last two seasons, but each year ended the same way: with a loss to Kansas City in the postseason. However, this season might be different. The Bills enter 2022 as the highest power-rated team by many and the preseason favorite to win the Super Bowl. The franchise is in great position to win its first Lombardi Trophy.

OFFENSE

The Bills ranked fourth in expected points added per play (0.09), sixth in points per drive (2.63) and seventh in yards per play (5.9) last season, and much of that was due to the production of Josh Allen. Allen enters this season as the MVP favorite at DraftKings, but despite coming off a solid season in which he threw for 36 touchdowns and 4,407 yards, there are some hurdles he must overcome. Former offensive coordinator Brian Daboll is now the head coach of the Giants, and Allen enters the first season of his career without Daboll calling plays. Allen also ranked 22nd among quarterbacks in turnover-worthy play rate (3.4%), and his career mark is 3.8%. He still finished sixth in overall offensive grade by PFF standards and is one of the best quarterbacks in the league. Should he cut down on the turnovers and continue to thrive without Daboll, his path to an MVP is clear.

It is reasonable to question the Bills' skill-position depth, specifically at wide receiver. Stefon Diggs is a proven commodity and caught 103 balls for 1,225 yards in 2021, his second consecutive season catching 100 or more passes. Gabriel Davis showed out in the divisional round loss to Kansas City, but a vast majority of his production came late in the season, and he must prove he can do it consistently. The rest of the pass catchers are solid but not top tier. Isaiah McKenzie only played 292 snaps last season and Jamison Crowder had his worst year as a pro. Dawson Knox and O.J. Howard make up the tight end rotation, but their PFF receiving grades of 65.9 and 63.0 are below average. There is no doubting Allen's level of play the last two seasons, but the loss of Daboll and somewhat weak depth should keep bettors from overvaluing this offense.

DEFENSE

Despite all of the eye-popping offensive numbers for the Bills last season, it was the defense that really impressed. Buffalo led the league in defensive EPA per play (-0.16), yards per drive allowed (26.11) and points per drive allowed (1.57), though most of that came against one of the easiest schedules in the league (12 of their opponents ranked 20th or lower in offensive DVOA). The Bills face just five teams that finished in the top 10 of offensive DVOA last season, but their schedule is more difficult (18th easiest) and divisional opponent Miami has better offensive talent. Given how great this unit was a season ago, there's likely some regression coming for Buffalo.

That is not to say the Bills' front office didn't try to make this unit better. Von Miller was signed via free agency and DaQuan Jones and Tim Settle were brought in to add depth to the defensive line. However, if the Bills had a weakness last season it was its run defense, and that projects to be largely the same with no real additions to combat it. Buffalo allowed opponents to convert 74% of power situations and ranked 31st in open-field yards per carry (0.98). Miller has been a solid run defender, but where the Bills lack true run stuffers is along the interior and none were added.

OUTLOOK

Buffalo has the highest win total at DraftKings (11.5) and is the preseason favorite to win the Super Bowl. It might seem easy to pencil the Bills in for 12 or more wins and a berth in the Super Bowl, but this team is not perfect. The loss of Daboll is huge and depth at wide receiver is a question. On top of that, their biggest weakness on defense remains. Buffalo is going to be a good team this season, but remember this squad was 7-6 after a Week 14 loss to Tampa Bay last season. It seems as if the market might be glossing over those flaws. – Jonathan Von Tobel

SEASON WIN
TOTAL PLAY

UNDER 11.5

AFC EAST ODDS TO WIN

odds to win +275

SUPER BOWL ODDS TO WIN

SEASON	NEW HC?	SM PR	EFF STRG	EYPP+/-	SM BR	OFFRS-NEW	EOPPG	EOYPP	EOYPPT	DEFRS-NEW	EDPPG	EDFYPP	EDYPPT	
2021		30.5	9.2	0.81	-6.4		27.7	5.69	13.47		18.5	4.88	15.1	
2020		30.5	8.8	0.59	-4.7		31.2	6.26	12.43		22.7	5.68	15.74	
2019		26	2.2	0.1	-1.7		19.3	5.32	17.09		17.7	5.22	17.33	
2018		19.5	-6.5	-0.09	3	Yes	17.7	4.95	16.93		24.2	5.04	12.14	

SCHEDULE STRENGTH **22.98** (#23 of 32)

FIELD
RATINGS
2.1 / 0.3
(HOME/ROAD)

2022 SCHEDULE

DATE	OPPONENT	Est. Line	SERIES TRENDS
9/8	at LA Rams	+0.9	OVER the total is 7-1 in L8 of Bills-Rams series
9/19	TENNESSEE	-8.8	UNDERDOGS are on 9-1-1 ATS run in TEN-BUF series
9/25	at Miami	-6.3	BUFFALO is on 7-3 ATS surge vs. Miami
10/2	at Baltimore	4	FAVORITES are on 4-0 ATS streak in BUF-BAL h2h series
10/9	PITTSBURGH	-13.7	UNDER the total is 6-1 in L7 of PIT-BUF h2h series
10/16	at Kansas City	+0.7	L3 games of BUF-KC series went OVER total, producing 66 PPG
10/30	GREEN BAY	-4.1	HOME TEAMS have won L6 ATS in GB-BUF h2h series
11/6	at NY Jets	-12.4	UNDERDOGS are 7-1 ATS in L8 of BUF-NYJ series at New York
11/13	MINNESOTA	-7.9	ROAD DOGS are 6-2 ATS in L8 of MIN-BIF h2h series
11/20	CLEVELAND	-11.3	FAVORITES are 5-0-1 ATS in L6 of CLE-BUF h2h series
11/24	at Detroit	-11.6	The L6 games of BUF-DET h2h series went UNDER the total
12/1	at New England	-6.5	BUFFALO is on 6-2 ATS run vs. New England
12/11	NY JETS	-15.3	BUFFALO is 6-3 ATS in L9 hosting NY Jets
12/18	MIAMI	-9	BUFFALO is 8-2 ATS in L10 hosting Miami
12/24	at Chicago	-12.8	FAVORITES are 4-1-1 ATS in L6 of BUF-CHI h2h series
1/2	at Cincinnati	-4.1	UNDERDOGS are 7-2 ATS in L9 of BUF-CIN h2h series
1/8	NEW ENGLAND	-9.8	NEW ENGLAND is 15-4 ATS at Buffalo since 2004

TEAM TRENDS

- BUFFALO IS 19-6-1 ATS (L10Y) AT HOME VS OPP 1,000 OR MORE TRAVEL MILES
- BUFFALO IS 1-8-1 ATS (L10G) 2,000 OR MORE TRAVEL MILES
- BUFFALO IS 16-4-1 OVER (L21G) 1,500 OR MORE TRAVEL MILES

2021 RESULTS

12-7 SU & 11-8 ATS

DATE	OPPONENT	SCORE	SU	FL	ATS	TOTAL
9/12	PITTSBURGH	16-23		-6.5	1	47.5 U
9/19	at Miami	35-0	W	-3.5	W	47.5 U
9/26	WASHINGTON	43-21	W	-7	W	45.5 0
10/3	HOUSTON	40-0	W	-18.5	W	47.5 U
10/10	at Kansas City	38-20	W	3	W	56.5 0
10/18	at Tennessee	31-34	L	-6	L	53.5 0
10/31	MIAMI	26-11	W	-14.5	W	48.5 U
11/7	at Jacksonville	6-9	L	-16	L	48.5 U
11/14	at NY Jets	45-17	W	-13.5	W	48.5 0
11/21	INDIANAPOLIS	15-41	L	-7	L	49 0
11/25	at New Orleans	31-6	W	-7	W	44.5 U
12/6	NEW ENGLAND	10-14	L	-3	L	39.5 U
12/12	at Tampa Bay	27-33) L	3	3[53.5 0
12/19	CAROLINA	31-14	W	-14.5	W	43.5 0
12/26	at New England	33-21	W		W	43.5 0
1/2	ATLANTA	29-15	W	-14.5	L	46 U
1/9	NY JETS	27-10	W	-16	> W	43 U
1/15	NEW ENGLAND	47-17	W	-4	W	43.5 0
1/23	at Kansas City	36-42	1	2.5		54 0

	OFF STAT	ENSE RANK	DEF	ENSE RANK
Points Per Game	28.4	3	17	1
Yards Per Point	13.4	5	16	7
Plays Per Game	67.2	3		
Time of Possession	31:37	5		
3rd Down Conv. %	46.4%	3	30.8%	1
Total Yards Per Game	381.9	5	272.8	1
Yards Per Play	5.7	14	4.6	1
Rush Attempts Per Game	27.1	13		
Rush Yards Per Game	129.9	6	109.8	13
Yards Per Rush Attempt	4.8	6	4.2	11
Pass Attempts Per Game	38.5	5		
Completion %	63.4%	23	56.0%	1
Passing Yards Per Game	252	9	163	
Yards Per Pass Attempt	6.8	23	5.2	1
Turnovers	1.3	13	1.8	3



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