

The Waypoint SleepOut 2022



The Next Step toward ending youth homelessness

The Next Step!

Funds raised through the SleepOut have empowered us to establish drop-in centers in Concord and Rochester, and an overnight youth shelter in Manchester. Your participation this year, will support this critical expansion.

What is the SleepOut and why is it important?

The SleepOut is a night spent out in the cold to raise our collective consciousness about homelessness and to raise funds for services that fulfill critical needs and help to transform lives.

When?

Friday, March 25, 2022

9:00pm – Presentations

10:00pm – Settle in for a night outside

Where?

If we are free from the pandemic, we will hold the event in-person at a few locations around the State, TBA. Otherwise, we will ask people to sleep out in their backyards and we'll come together online. Wherever we all land, the point will be to commit to enduring one entire night out in the cold so that someone else won't have to.

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Fundraising:

As a sleeper, aspire to raising as much money as you can. While there is no minimum, the more funds you raise, the more we can do to help at risk youth. You will be provided with a simple web-based tool and a toolkit that will make your fundraising easy. These tools will help you to reach out to friends, family, and colleagues, through email, social media, and in person. Each \$1,000 raised supports critical services to someone at risk. Here are some examples of how it helps us help homeless youth in New Hampshire:

- > 60 hours of street outreach, providing food, clothing, and basic necessities
- > 8 nights at a warm, safe shelter for one homeless youth under 18

The dilemma for youth:

Currently, 1 in 10 young adults ages 18 to 25, and 1 in 30 adolescents ages 13 to 17, endures some form of homelessness in America. Reasons range from abuse and neglect, to mental illness, substance misuse, strained relationships, gender or sexual identity, and poverty. They are at risk of being abused or exploited and suffer many other consequences. At present, Waypoint is the sole provider of comprehensive services for homeless youth in New Hampshire.

On average, Waypoint has over 1500 contacts a year with runaway, homeless, and at-risk youth in the areas of Manchester, Concord, Littleton, and the Seacoast. We provide survival aid, fulfilling basic needs such as food and clothing, and connect youth with shelter and medical care. As well, we provide access to mental health and substance misuse counseling, and help youth with educational pursuits, job search, and housing. Most of the youth we see report that:

- > Their parents told them to leave or knew they were leaving and didn't care.
- > They did not plan their departure and had \$10 or less when they left home.
- > They've been affected by substance misuse and/or mental health issues.
- > They are or have been involved in unhealthy, violent relationships.

Will you sleep out with us or support us?

Go to waypointnh.org/sleepout2022 or contact our team at sleepout@waypointnh.org



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