



CLEMSON ATHLETICS

AS OF MAY 26, 2020

PHASE I: Limited Return to On-Campus Operations

PROJECTED START: JUNE 1, 2020

GOALS

- Bring back to campus critical personnel in a limited capacity.
- [Promote NPIs as laid out by CDC, DHEC.](#)
- Permit limited student-athletes to train on voluntary basis.
- Prepare facilities for Phase II and Phase III.
- Follow national, state, University, NCAA & ACC guidelines.

STAY HOME IF YOU FEEL SICK



MAINTAIN SOCIAL DISTANCE



WASH YOUR HANDS



FACE COVERING



CLEAN YOUR STATION

KEY POINTS

- Limited access to voluntary strength & conditioning and sports medicine activities for student-athletes.
- Includes just those staff members directly responsible for the health and well-being of student-athletes, as well as those preparing facilities for Phase II. The departments include: Sports Medicine, Strength & Conditioning, Nutrition, Facilities, Equipment and designated sport-specific staff.

STRENGTH & CONDITIONING

- Small groups no larger than 10 individuals; Individuals six feet apart; face coverings.
- Set entrance and exit locations for each facility.
- Student-Athletes train at one individual per rack, using non-adjacent when possible.
- Cleaning & sanitization to take place at beginning and end of day, and between each use.

SPORTS MED & RECOVERY

- All appointments must be scheduled with Sports Medicine staff on an individual basis.
- Priority to rehabbing student-athletes from long-term injuries.
- Masks, gowns and gloves worn by staff.
- Cleaning & sanitization of equipment before, between and after use.

STUDENT-ATHLETES

- Student-Athletes asked to complete a period of social and physical distancing for seven days prior to return to Clemson and seven days in Clemson prior to a pre-participation physical.
- Physicals include COVID-19 diagnostic and antibody testing prior to facility access and group activity.
- Must complete daily health check prior to entry to facility and group activity.
- Unorganized individual access to outdoor facilities may be permitted.

TEAM FACILITIES

- Offices and locker rooms are “objective-based” only. Team lounges are closed.
- Student-athletes and staff should not be in these areas except on as-needed basis.

OFFICES

- Staff continues to work remotely.
- Administrative offices are “objective-based” only and limited to functions essential to business continuity or Phase II preparations.
- Shared spaces limited; cleaned & disinfected after each use.

NOTE: This plan is subject to change at any time based on new or updated national, state, university, NCAA, ACC recommendations or new medical evidence and research.