

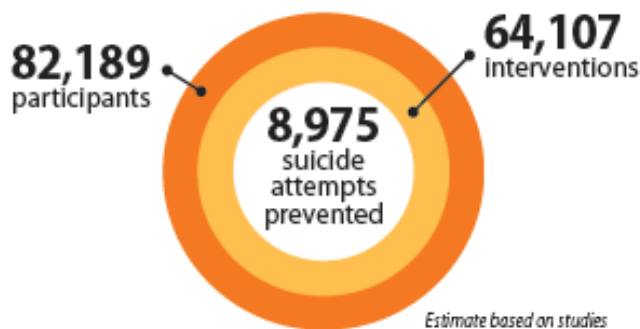


Make a connection. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK's impact in 2016



People making a difference with safeTALK



safeTALK works

Studies show that participants gain confidence:

- ✓ Asking people about suicide directly
- ✓ Connecting them to life-saving resources
- ✓ Keeping them safe until those resources take over

**Thursday, October 10, 2019
5:30pm – 8:30pm**

**YMCA Express
3408 Old Forest Road
Lynchburg, VA**

This workshop is provided at no cost by the American Foundation for Suicide Prevention, Virginia Chapter.

Go to:

<https://afsp.wufoo.com/forms/z5159fo1r9r1oa/>

Email Ames Hart at ameshart@me.com for more info.

Learn more about safeTALK and see the evidence at www.livingworks.net/safeTALK