

INDIVIDUAL REGISTRATION:

Sista Strut 10th Annual walk for Breast Cancer

(Registration fees are non-refundable) Please print clearly. See pg. 2. for liability waiver.

October 5, 2019 - 14th and Market

The Sista Strut Rally is 7:30am. 5K Run at 8:45am.

Sista Strut 5K Run \$27.00 (Includes Tax)

(Please Print Clearly)

First: _____ M: _____ Last: _____

Email Address: _____ D.O.B. / /

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: () _____ Cell Phone: () _____

Total Amount Due: \$27 per registration.

T-Shirt Sizes (non-survivor):

Enter total quantity for each size:

S M L XL 2X 3X

Cancer Survivor T-Shirt Sizes:

Enter total quantity for each size:

S M L XL 2X 3X

Cancer Survivor? circle one (Yes / No)

Total Enclosed: \$ _____

Signature: _____

Sista Strut Row – Sign appearing on the walk route to acknowledge and inspire cancer survivors. If you are a survivor and would like your picture and words of encouragement on Sista Strut Row. E-mail your photo and inspiring message in 50 words or less to ssistastrutstl@iheartmedia.com (this is a first come first serve opportunity).

sponsored by:

MAKE MONEY ORDER PAYABLE TO:
"iHeartMedia c/o Sista Strut"

BROWN & CROUPPEN

100.3 THE BEAT

Hallelujah
AM 1600

majic
103.7

314-333-8667 | sistastrutstl.com

No cash or checks accepted.
Credit cards and money orders only.

(PLEASE READ AND SIGN WAIVER & RELEASE)

WAIVER AND RELEASE AGREEMENT

I _____, will be participating in a charitable walk called the Sista Strut 2019 taking place on or about October 5, 2019 (herein defined as the "Activity") sponsored, promoted and/or conducted by radio stations 100.3 The Beat (KATZ-FM), Hallelujah 1600 (KATZ-AM), and Majic 103.7 (KATZ-HD2) (herein defined as the ("Station")).

In consideration for allowing me to participate in the Activity, I understand and agree to the following:

For purposes of this Release Agreement, the "Released Parties" shall mean any person or entity associated in any way with the Activity, including but not limited to the Station, Siteman Cancer Center, Breakfast Club, Black Women's Breast Cancer Survivor's Project, Gateway Arch Park Foundation, City of St. Louis, iHeartMedia Broadcasting, Inc., any Activity Sponsor or Property Owners and each of the foregoing's respective parent, subsidiaries, affiliates, officers, directors, officials, talent, volunteers, employees and contractors. Furthermore, for purposes of this Release Agreement, the term "Loss" shall mean all damages, losses, costs, and injuries of every kind and character including, but not limited to, all economic damages, loss of business opportunities, embarrassment, mental anguish, loss of consortium, loss of services, loss of companionship, and loss of employment.

I warrant that I am in good health and have no physical condition that would prevent me from participating in the Activity. I fully realize, understand and agree that there are inherent risks, both foreseeable and unpredictable, associated with a walk and exercise including, but not limited to, injuries or death from falls, sprains, strains, fractures, heart ailments, the potential for being struck by a vehicle, windblown or collapsing scaffolding, barricades and signage, the effects of the weather, including high heat and/or humidity, high winds, lightning, and extreme cold, snow and ice, traffic and the conditions of the road, all such risks being known and appreciated by me. I further acknowledge that the organizers and Released Parties reserve the right to refuse or revoke my volunteering for the Activity. I agree to assume and accept full responsibility in spite of and with full knowledge of these risks. My participation in the Activity is completely voluntary and I acknowledge that the Released Parties make no representations about my safety or care.

IN CONSIDERATION FOR ALLOWING ME TO PARTICIPATE IN THE ACTIVITY AND/OR PRIZE, I, HEREBY HOLD HARMLESS, RELEASE, INDEMNIFY, AND DISCHARGE FROM LIABILITY THE RELEASED PARTIES FROM ALL LIABILITY, CLAIMS, JUDGMENTS, DEMANDS, CONTROVERSIES, AGREEMENTS, DAMAGES, ACTIONS, AND CAUSES OF ACTION WHATSOEVER, ARISING OUT OF OR RELATED IN ANY WAY TO THE ACTIVITY OR THE CONDUCT OF THE ACTIVITY WHETHER IN LAW OR EQUITY, NO MATTER WHAT THE CAUSE OR NATURE, AND I FURTHER WAIVE ANY CLAIMS THAT I MAY STATE OR ASSERT AGAINST ANY OF THE RELEASED PARTIES IN ASSOCIATION WITH THE ACTIVITY, ITS ASSOCIATED EVENTS, OR IN ANY WAY RELATED TO OR RESULTING FROM THE ACTIVITY EVEN IF SUCH INJURY OR CLAIMS RESULTS FROM OR IS CAUSED BY THE NEGLIGENCE OF ANY OF THE RELEASED PARTIES, IN WHOLE OR IN PART. I FURTHER AGREE TO INDEMNIFY AND HOLD HARMLESS THE RELEASED PARTIES FROM ANY CLAIM ARISING OUT OF MY PARTICIPATION IN THE ACTIVITY.

I understand that by entering, submitting in the Activity, I have granted to the Released Parties, a perpetual, worldwide, non-exclusive, royalty-free, sub-licensable (through multiple tiers) right and license to use, publish, reproduce, display, perform, adapt, modify, distribute, have distributed and promote such content in any form, in all media forms, now known or hereinafter created, anywhere in the world, for any purpose. I acknowledge and agree that the Released Parties may subsequently use for publicity and/or promotional purposes, my likeness, photographs, videotapes, other recordings or media or name without any additional consideration to me beyond allowing participation in the Activity.

I certify I am over the age of 18 individually, or as parent of any minor, and am legally competent to sign this Release Agreement and I understand that the representations contained in this Release Agreement are contractual and not mere recital. I have fully informed myself of and understand the contents of this Release Agreement and I have signed this document of my own free act.

If any provisions of this Release Agreement shall be deemed to be unenforceable and/or void, the remainder of this Release Agreement shall not be affected thereby and the remainder of this Release Agreement shall be fully enforceable.

Date: _____ Signature: _____

If you have a minor that is participating in Sista Strut 2019, please complete the following:

I, the undersigned parent or legal guardian of _____ ("Minor"), hereby execute the foregoing Waiver and Release for and on behalf of Minor and agree to bind myself, Minor and any heirs, next of kin, assigns or personal representatives to the terms of this Release. I represent that I have full legal authority to act for and on behalf of Minor, and I agree to indemnify and hold harmless Released Parties for any expenses, claims or liabilities that may arise as a result of any insufficiency of my full legal authority to execute the foregoing Release.

Date: _____ Parent Signature: _____ Parent Printed Name: _____