

# FIT TO FIGHT

## MAY 11, 2019



*"Cancer may have started the fight, but I will finish it."*



**WHEN: SATURDAY, MAY 11, 2019**

**TIME: 8:00 AM – 12:00 PM**

**WHERE: HEALTHPLUS FITNESS CENTER**

**FOR MORE INFORMATION & WALK REGISTRATION:**

<https://runsignup.com/Race/AL/Auburn/FittoFight>

**1 MILE  
CELEBRATION WALK**  
9:00 – 10:00 AM

**\$20 – REGISTRATION**  
With Adult Unisex T-Shirt

**GROUP FITNESS CLASSES**  
8:10 AM – 12:00 PM

**CHAIR MESSAGES**

**EDUCATIONAL INFO**

**SKIN CANCER SCREENINGS**  
8:00 AM – 12:00 PM

**FREE EVENTS:**

**T-SHIRT SALES**

**SILENT AUCTION**

Register by Friday May 3<sup>rd</sup> for  
Guaranteed Fit to Fight T-Shirt

**Coordinator:**  
Rachel Carswell

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The Cancer Center  
of East Alabama

**eamc**  
east alabama medical center

**health** plus  
fitness center  
a service of east alabama medical center