This is the second race in the 2017-18 Rock<sub>4</sub>Kids Series presented by The Missouri Beef Industry Council and the Bass Pro Shops Fitness Series



## Friday, April 6, 2018

Harrison Elementary School 3055 W Kildee Ln, Springfield, MO 65810 6:00 PM Check-in Time | 6:30 PM Race Start Time

Packet Pick Up: Thursday, April 5th, 11-1 and 3:30-6:00 PM, Bass Pro Shops; no packet pick up race day. \$20 for age 14 and under; \$25 for age 15 and up.

<u>Shirts and medals included</u>; late registration does not guarantee a shirt or medal. For more information visit fitness.basspro.com or contact Melissa Bondy at mlbondy@basspro.com

## Visit fitness.basspro.com for more information or to register

Kids grades 1-6 can choose the distance they would like to run/walk or use the recommendations below:

Pre-K and K: .25 mile 1-2 Grade: .50 mile 3-4 Grade: 1 mile 5-6 Grade: 1.5 miles



Kids will run on both pavement and grass; this is a cross country run.



NOTE: Paint used in this event is non-toxic, corn-starch based, food-safe coloring. However, washability is not guaranteed. Please dress accordingly.