COLUMBIA LIGHTHOUSE FOR THE BLIND invites you to the



SAT, OCT 14TH • 9 AM - NOON • 355 WATER ST SE, DC



LIVE MUSIC • YOGA • WATERFRONT VIEWS

Walk the scenic Yards Park boardwalk in the Capitol Riverfront • Start your morning off right and warm up with *Dr. Oz* fitness expert, Laurent Amzallag
Unwind after the walk with a relaxing yoga cool-down in Yards Park • Grab a bite to eat from one of our on-site neighborhood food vendors • enjoy a waterfront concert featuring acclaimed blind pianist/musician, Mac Potts.

